

## Contents

## Welcome



The view from Whins Brow

Welcome	3	Birds	18
Discovery Map	4	Fishing	20
Landscape and Heritage	6	Flying	21
Sustainable Tourism	8	Local Produce	22
Bus Services	10	Arts & Crafts	24
Public Transport	11	Heritage	25
Walking	12	Festival Bowland	26
Cycling	14	Accommodation	28
Horse Riding	16	Accommodation Listings	30
Access for All	17		

Welcome to the Forest of Bowland Area of Outstanding Natural Beauty (AONB) and to a unique and captivating part of the countryside. Expanses of sky above dramatic sweeps of open moorland, gentle and tidy lowlands, crisscrossed with dry stone walls and dotted with picturesque farms and villages - all waiting to be explored!

There is no better way of escaping from the hustle and bustle of everyday life and partaking in some the most peaceful and remote walking, riding and cycling in the country. Explore some of the many unique villages steeped in history. While away your time observing some of the rare and enigmatic birds and wildlife, or simply indulge in sampling some of the very best local produce the area has to offer.

To make the most of your visit, why not stay a while? Bowland has a wide range of quality accommodation to suit all tastes.

## Make Bowland your discovery!

Look out for the icons next to our publications, means you can download it from our website, and means you can obtain it from one of the Tourist Information centres listed on page 28

## Discovery Map

Situated in North West England, covering 803 square kilometres (300 sq miles) of rural Lancashire and North Yorkshire, the Forest of Bowland AONB is in two parts.

The famous landmark of Pendle Hill is geologically linked to the main upland block but separated by the broad valley of the River Ribble. The area surrounding this outlier is known locally as the Forest of Pendle, whilst being under the umbrella of the Forest of Bowland Area of Outstanding Natural Beauty title and designation.

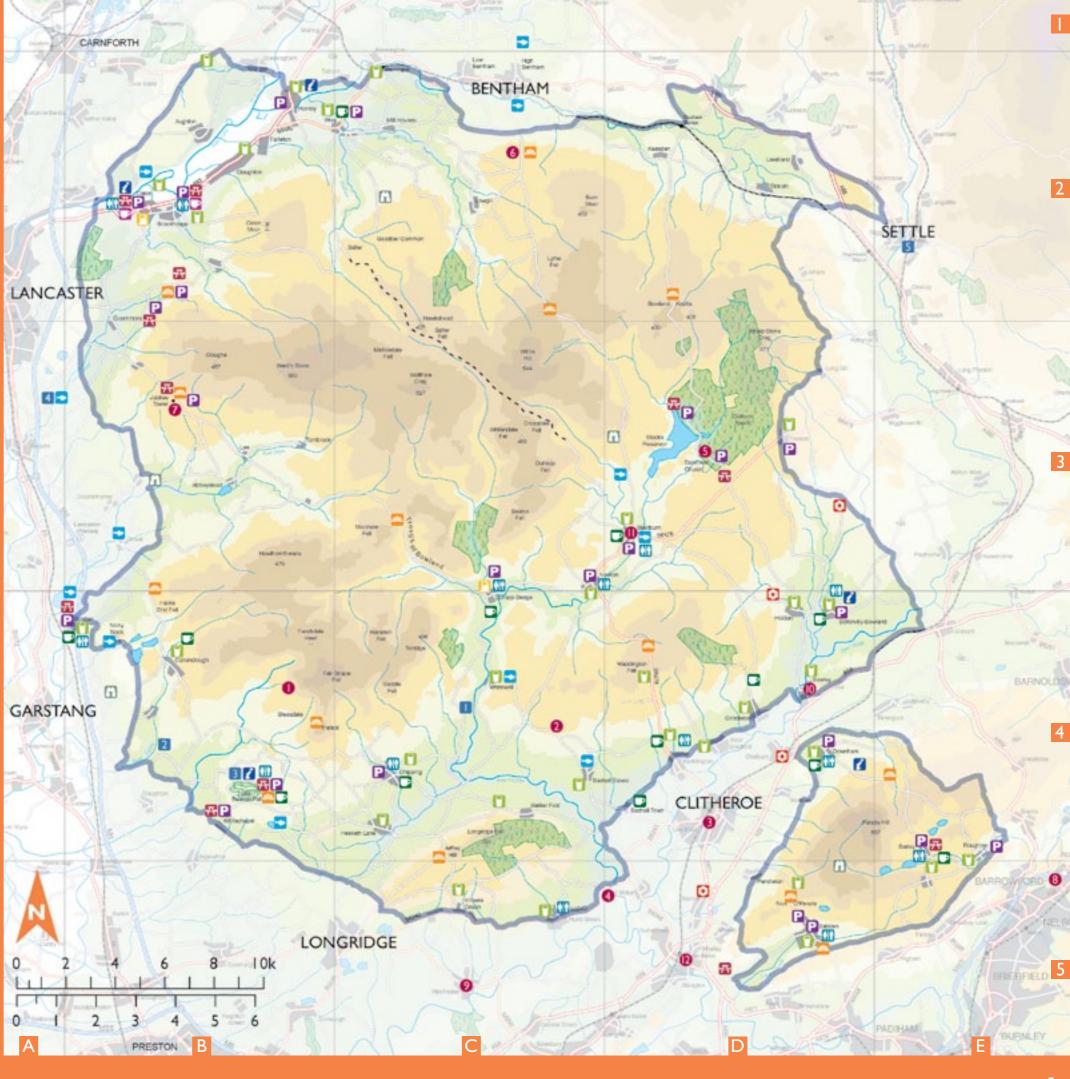
There are several towns surrounding the Forest of Bowland AONB offering the perfect 'gateway' to explore the area, often with easy access to amenities and transport links.

## Map Key

- 7 Heritage sites (see page 25)
- Green Tourism Business Scheme accredited visitor attractions and activities
- Bowland Wild Boar Park
- 2 Cobble Hey Farm & Gardens
- 3 Bowland Visitor Centre
- 4 Forrest Hills, Golf and Fly Fishing
- 5 Off the Rails, Cycle Hire

- Nurseries
- **Viewpoint**
- ☐ Garage
- Pub
- Café
- Birding Locations (page 18-19)
- Toilets
- Fishing Locations
- **7** Tourist Information
- P Parking
- Picnic Sites
- Salter Fell Track





## Landscape and Heritage



Whitendale

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a nationally protected landscape and is internationally important for its heather moorland, blanket bog and rare birds.

## The Landscape

There are 46 Areas of Outstanding Natural Beauty (AONBs) in England, Wales and Northern Ireland, designated for their precious landscape whose distinctive character and natural beauty are so outstanding that it is in the nation's interest to safeguard them. Designated an AONB in 1964, the Forest of Bowland is essentially an upland landscape, typified by its grandeur and isolation and forming part of the Pennines. Gritstone fells form the heart of the area with Ward's Stone (560m), Bowland Knotts (428m) and Clougha Pike (413m) providing the highest points with views over vast tracts of heather-covered grouse moor.

Surrounding this upland area the fringe is dissected by steep-sided valleys, often wooded and known locally as 'cloughs', which open out into the rich green lowlands of the Ribble, Hodder, Wyre and Lune Valleys. To the south-east, famous Pendle Hill (557m) stands proud, with views over Bowland's pastoral landscape where Tolkien penned much of Lord of the Rings.

## History and Heritage

The medieval period had a great impact on the Forest of Bowland landscape. This controlling influence continued after the Forest laws were revoked in 1507, as deer parks and smaller estates replaced the hunting forests.

Managing the land for game hunting, primarily grouse shooting, has remained a predominant influence on the landscape, and several large private landowners remain today.

### Wildlife and Habitats

The Forest of Bowland is particularly special for a number of upland bird species. The RSPB works closely with organisations like Natural England and United Utilities to help protect the rare hen harrier, merlin and ring ouzel, and also advises landowners and farmers to help them protect the nationally important populations of wading birds such as lapwing, snipe, curlew and redshank that nest on the in-bye grazing pastures each spring.

## Villages

The AONB's population of just 16,000 live mostly in its historic villages, with the remainder in loose-knit hamlets or isolated dwellings in open countryside. Some are estate villages where buildings are of a similar age and architecture, for example Downham, Slaidburn and Abbeystead. Others are more haphazard farming settlements or industrial hamlets. Each has its own distinctive charm and sense of place.

## **Farming**

The Forest of Bowland's traditional hay meadows and wet grasslands are also nationally important habitats. Many of the farms in the Forest of Bowland are managed under farming schemes. Good farming practices include management of traditional boundaries and buildings as well as cultivation of the land without fertiliser and with fewer or traditional livestock. It also includes the management of grassland, rush pasture and water 'scrapes' to encourage wading birds such as lapwing, curlew and redshank.

Landscape Stories

Visit www.forestofbowland.com/landscape\_stories to understand and celebrate the Bowland landscape we see today through discovering more about the people and activities that have helped to shape it.



Hen harrier chick



The village of Downham



Sheep shearing



Leagram Cheese Stone

## Sustainable Tourism



Gisburn Forest

Sustainable tourism aims to make a low impact on the environment and local culture, while encouraging better income, employment and the conservation of the very landscape upon which our tourism is based.

## What is happening with sustainable tourism locally?



The Forest of Bowland AONB became the first protected area in England to be awarded the European Charter for Sustainable Tourism in Protected Areas in 2005, this Charter was re-awarded in September 2010. The Charter is awarded to

protected areas that are delivering tourism that is both nature and landscape friendly and which contributes to the economic development of the region.

## What can you do?

Wherever we go and whatever we do, we have an impact. By making positive choices during your visit, you can help to look after the Forest of Bowland and make sure that it is just as special on your next visit:



Enjoy car free activities



Stay local, eat local, buy local, see local



Support businesses committed to sustainable tourism



Reduce, reuse, recycle



Switch off... and save energy



Follow the countryside code



### **European Charter Businesses**



Since 2007 a number of tourism

operators have been working in partnership with the Forest of Bowland AONB to contribute to the development of sustainable tourism. These have all been recognised as European Charter Businesses look out for the logo.

In order to qualify for certification as a European Charter Partner, in addition to a number of other factors, businesses must gain green accreditation.

Visit the European Charter website for further information

www.european-charter.org



### **Green Accreditation**

Look out for the green leaf logo when you

visit the area. Businesses with the logo have been accredited in the Green Tourism Business Scheme - the leading scheme of its kind in the UK and are making a strong commitment to sustainable tourism. www.green-business.co.uk

Visit a whole range of tourism operators in the Forest of Bowland and remember being green certainly doesn't compromise on quality! From luxury accommodation, to restaurants, tea rooms, campsites and hostels, visitor attractions and activity providers - all waiting to be discovered!

For details of sustainable businesses in the Forest of Bowland visit www.forestofbowland.com/visit sustainabletourism or for businesses across Lancashire visit www.lancashiregreentourism.com

## **Bus Services**

# The beauty of Bowland is that it can be remote and isolated, but this means that it is not always well served by public transport. However, many parts of the AONB are well served by buses and you can plan a good day out and a walk using these services from nearby towns.

### **Bus Services**

- X80/280 Preston Clitheroe Skipton
- **580** Skipton Settle Giggleswick
- **BI** Bowland Transit Slaidburn Settle (Subject to confirmation)
- ✓ BIO/BII Bowland Transit Clitheroe - Slaidburn Circular
- C2 Clitheroe Sawley

- **70/71** Pendle Witch Hopper (Sundays Only)
- P70/P71 Pendle Witch Hopper (Monday - Saturday)
- **5** Clitheroe Whalley Longridge
- 4 Preston Goosnargh -Longridge - Chipping
- 3 Blackburn Ribchester Longridge
- I Longridge Grimsargh Preston
- 4 Walking Routes see Bowland by Bus leaflet or visit our website



Public Transport

The BIO Bowland Transit Service

Regular services are provided to the following areas:

The B10/11 Bowland Transit route serves the beautiful Hodder Valley, via Waddington, Whitewell, Dunsop Bridge, Newton and Slaidburn. On Sundays the Pendle Witch Hopper (70/71) goes to Pendleton and Barley for the ascent of Pendle Hill and weekdays Barley is accessible from Nelson and Clitheroe (P70/71).

To the west of the AONB lies the market town of Garstang, easily reached by the half hourly bus 40 between Preston and Lancaster. In the Lune Valley, the excellent Lune Villager (80/81) service provides superb local connections, seven days a week, running into the late evening, from Lancaster to Caton and Hornby, with some services going through to Wray and Wennington and a more limited service to Bentham and Ingleton in North Yorkshire.



### How to get to the area

### By Air

The nearest major airport is Manchester Airport which can be found at:

www.manchesterairport.co.uk

Other airports nearby include

Blackpool Airport:

www.blackpoolairport.com and

Liverpool John Lennon Airport:

www.liverpooljohnlennonairport.com

### By Train

Clitheroe Interchange is the most central rail station for Bowland.
Others include Giggleswick, Clapham, Bentham, Wennington, Settle,
Blackburn, Burnley, Preston and
Lancaster: Go to the official National
Rail Enquiries: www.nationalrail.co.uk
for your journey details.

### By Coach or Bus

National coach information can be found at National Express: www.nationalexpress.com

More information can be found on the Countrygoer website www.countrygoer.org/Bowland.html

Transport for Lancashire website www.transportforlancashire.com or www.traveline-northwest.co.uk

### Bowland by Bus 📳 🚺



Leaflet highlighting places to visit and walk in Bowland using the bus.



## Walking





The Forest of Bowland offers some of the most beautiful and remote walking in the country, from the grandeur and isolation of the moorland hills to the undulating lowlands with their distinctive pattern of settlements, woodland cloughs and river valleys. These landscape contrasts, along with the serenity and tranquility of the area make this a walkers' paradise.

As well as the fell tops and moors, there are extensive opportunities for shorter and less challenging routes in the valleys, most especially riverside walks which abound in the area.

Look in the walking section of the Forest of Bowland website for a variety of walks - from family rambles to full day walks based from villages and long distance routes such as the Ribble Way or the Pendle Way.

There are a number of special interest walks, including routes that showcase some of the very best wildlife watching opportunities in the area – look out for the wildlife symbol. **www.forestofbowland.com/walking\_routes** 

## (i) Access Land

Open Access land is marked by the symbol above. In the Forest of Bowland AONB open access land offers some of the roughest and most remove walking in the North West, and linked with the network of public rights of way, gives plenty of scope for enjoyable and challenging walks. Walking on open access land can be challenging, as you may be a long way from recognised paths or obvious landmarks. As a large percentage of the access land is open moorland, good navigation skills and suitable clothing are required.

The latest editions of 1:25000 Ordnance Survey maps show access land and the Harvey Map of the area also shows access points. Occasionally notices will appear on site to notify the public of restrictions or closures. For further information about access land visit

www.countrysideaccess.gov.uk 📮 💰

## **GPS** Trailing

GPS trailing is a fairly new pastime to sweep its way across the UK. Likened to a high-tech treasure hunt, it is a pleasurable way to explore the countryside and is a particular favourite with families. Yorkshire Dales Guides have set up 7 GPS trails in Bowland. For details of the trails visit www.yorkshiredalesguide.co.uk

### **Further** information

### Web walks



The Forest of Bowland **AONB** has produced a series of walks

available for download from the website. The walks offer variety in terms of length, location and landscape character. Why not visit the walking section of the website and search out the ones close to where you are visiting? Next to each walking download view and add comments about your walking experiences, it would be great to have your feedback!

### Maps

### OS Map

Before embarking on any walking in the Forest of Bowland AONB we recommend that you purchase a copy of the Ordnance Survey Map OL41 - Forest of Bowland and Ribblesdale.

### Harveys Map

Look out for the Harveys map of the Forest of Bowland AONB which includes a tourist map highlighting cycling and horse riding routes and facilities and a large-scale walkers map showing Access Land entry points in the Bowland fells www.harveymaps.co.uk

Useful maps and information relating to public rights of way and Access Land can also be found at www.mario.lancashire.gov.uk





'This leaflet illustrates how walkers and birdwatchers can help ground nesting birds.

12 www.forestofbowland.com 13

Thorn Crag

## Cycling



Crook O' Lune



Salter Fell

Outstanding scenery, picturesque villages, charming tea rooms and a network of quiet lanes - all waiting to be explored. And what better way to do it than by bike? Silently travelling around this area of outstanding natural beauty under your own power, coming across hidden gems around every corner, this truly is a spectacular area for biking enthusiasts of all types and levels.

### Gisburn Forest Mountain Bike Trails

Gisburn is the largest forest in Lancashire and is managed by Forest Enterprises. Within the forest, adjacent to Stocks reservoir, you'll find several colour coded mountain bike trails which can be accessed from designated car parks. There is a green, easy route for beginners, a 20km red, difficult route and 8.5km blue, moderate route with additional loops of black graded route. The singletrack swoops through the forest with many berms (banked turns); there are rocky sections and a long boardwalk section. Volunteers, cycle enthusiasts and

others, built nearly 2 km of singletrack and this section is a particular favourite. There are also many routes within the forest that are not singletrack that are also suitable for walkers and/or horseriders. Please observe the waymarking! Whether you cycle, walk or ride, you are bound to impressed by the peace and tranquillity of the forest and it's changing seasons and variety of wildlife. For further information visit www.forestry.gov.uk/northwestengland or look it up on Facebook

## Lancashire Cycleway

Listed amongst the top 10 long distance cycle rides in Britain! The route consists of a north and south circular route which meet at the historic town of Whalley, to the south-east of the Forest of Bowland. The Cycleway is well signposted and is also accessible from many railway stations near to the route. Visit www.lancashire.gov.uk

## Way of the Roses

The Way of the Roses is a new coast to coast route which links Morecambe in Lancashire, via the historic cities of Lancaster and York, to Bridlington in Yorkshire. The section which cuts through the Forest of Bowland AONB includes part of the Millennium Cycle way along the river Lune from Lancaster to Caton. A one day ride from Morecambe to Settle, and a return by train if you prefer, is about 25 miles. Visit www.wayoftheroses.info

## Further information

### Bowland by Bike 📳 🚺



This leaflet details 5 stunning cycle routes in and around the Forest of Bowland. These routes vary in length and surface

and have been selected to give you a flavour of the excellent cycling opportunities available throughout the AONB.

### Gisburn Forest Bike Trails 📮 7



This leaflet highlights several trails for all mountain biking abilities in the fantastic Gisburn Forest.

### Web cycle routes <a>!</a>



Visit the
Forest of
Bowland
website for
a variety of
cycle routes
to download.

### Harvey Map

Look out for the new Harvey map of the Forest of Bowland AONB which includes a tourist map highlighting cycling routes and facilities. www.harveymaps.co.uk

### Cycle hire and holidays

www.cycle-adventure.co.uk

Cycle Adventure – All inclusive cycle hire, tours and guiding including free delivery and collection anywhere in the Forest of Bowland.

Tel: 07518 373007 or visit

Cycle Bowland, Settle - Bike rides and tours in the Forest of Bowland, choose from one day hire, on or off road, or take a look at the range of self guided tours. Tel: 01729 824419 or visit www.cyclebowland.com

## Horse Riding



Horse riding near Dalesbridge, Austwick

Imagine trekking along quiet tracks, cutting through the heart of some of most remote and beautiful parts of Bowland. Skirting picturesque farms and villages with a sense of stepping back in time to a forgotten part of the English countryside; and no better way to do it than by horse back.

Horse riding is growing in popularity and although there are currently no trekking centres within the AONB, there are opportunities to ride your own horse along a network of country lanes and bridleways.

## North Lancashire Bridleway

The first phase of this ambitious project to develop a circular bridleway in Bowland is complete, offering 47km of bridleway that cuts through the heart of the Forest of Bowland AONB. The majority of accommodation available on the route is provided by working farms, with many offering livery for horses. The route travels from Halton on Lune near Lancaster before wending its way up the Roeburndale Valley over to Slaidburn and the Hodder Valley on the old Salter Fell Road, skirting Dunsop Bridge and Whitewell and finally on to Chipping.

### Further information

### Future developments

Work on developing the second phase of the North Lancashire Bridleway is currently underway, and includes the creation of further local networks linked to the overall long distance route. For updates visit the Forest of Bowland website.

### Other routes 📮



Linked to this linear route there are also several local networks offering the opportunity to ride from a local accommodation provider or from lay-bys. Secure parking for horse boxes is available at several locations. For further details of routes visit the horse riding section of the website at www.forestofbowland.com

### Riding Schools & Trekking Braedens Pony Trekking Centre,

Beacon Fell - Tel: 07944 244368 or visit www.braedens.co.uk

Greenhall Farm. Tatham -Tel: 01524 261594 or visit www.greenhallridingcentre.co.uk

### Horse Riding Holidays,

Carr Side Equestrian, Chipping, Tel: 01995 61770 or visit www.carrsideequestrian.co.uk

## Access for All



Tramper on Nicky Nook

In the Forest of Bowland we are trying to enable access to the countryside for everyone; especially people with disabilities, limited mobility and people with pushchairs. All the family can now experience the unspoiled beauty of the area along trails with fantastic views, wildlife rich hedgerows and through tranquil woodlands and parklands.

Several trails have been developed across the Forest of Bowland which are easily accessible for people with walking difficulties and pushchairs as the routes do not include stiles or very steep gradients. For further details visit the Walking section of the website www.forestofbowland.com

## **Trampers**

The Tramper is a specially designed four-wheel drive all-terrain electric buggy, which can be used off road and even on rough ground, mud and grass. It enables people who have difficulty walking to experience the countryside, woodlands and lakesides; and to accompany friends and family when out walking.



### Hire Trampers for Free

Trampers are available for hire at Bowland Visitor centre at Beacon Fell near Chipping, at Wyre Estuary Country Park, and at Witton Country Park in Blackburn. At these sites you need to book ahead. To book a Tramper telephone:

Beacon Fell, Bowland Visitor

Centre, 01995 640557

Ribble Valley Shopmobility, Clitheroe, 01200 425028

Witton Country Park, 01254 55423 Wyre Estuary Country Park, 01253 857890

### Wyresdale Wheels for All 📮 🚺



A group of local businesses in the Scorton area of the Forest of Bowland have been working in partnership with various

government funded agencies including the Forest of Bowland AONB to develop Wyresdale Wheels for All. The Wyresdale Wheels Tramper is available to use, free of charge, at any of the businesses in the partnership. You may hire it for a few hours or days, subject to availability. When you use a Tramper for the first time you will be given an induction in how to use the vehicle. Please phone Jonty at Scorton Post Office on 01524 791329 to make your booking.

### **Bowland Experience Tramper**

Another cluster of tourism businesses all operating in a sustainable way are able to offer use of a Tramper at various locations across the Forest of Bowland. For further information visit www.bowlandexperience.com or contact Jonty 01524 791329

## Birds











Merlin

The Forest of Bowland AONB is internationally recognised for its special birds, habitats and wildlife. Birds such as hen harriers, merlin and ring ouzels, as well as many other species can be found in the beautiful hills and valleys.

## Birds of Prey

The **hen harrier** is the most important bird species to regularly breed in the Forest of Bowland. Only one word can describe watching a hen harrier hunting or displaying in the spring – breathtaking! Look out for the 'skydancing' display flight, which is a joy to watch.

In common with many other areas, the population of **peregrines** has increased slowly in the Forest of Bowland. In the past only three or four pairs bred annually, but the numbers have now increased to seven or eight pairs each year.

Merlins can be very hard to observe due to their small size and low, dashing flight. The best indication that they are about is their high pitched call. The **short-eared owl** is one of the few owl species that can be seen during daylight hours. It is a specialist hunter of voles, with numbers fluctuating dramatically from year to year in relation to vole numbers.

### Waders

In spring, Bowland's farmland and moorland attracts over 6,000 pairs of wading birds such as **lapwing**, **snipe**, **curlew**, **golden plover** and **redshank**. They mainly breed on enclosed farmland next to the moor.

Hen harrier

### Other birds

The **ring ouzel**, sometimes known as the mountain blackbird is another rare bird in the Forest of Bowland; it is most common around the southern fells.

Other scarce upland songbirds that are also regularly monitored by the RSPB include whinchats, stonechats, wheatears and reed buntings.

**Red grouse**, a popular game bird, is one of the few bird species to be found all year round on the fells.

## Birding locations

See map, page 4

- •Roeburndale Woods in the north of Bowland offers good opportunities for seeing oak woodland specialties such as redstart and pied flycatcher.
- The circular walk around Stocks Reservoir to the northeast offers
  a range of woodland and upland birds. The reservoir itself attracts
  wildfowl and waders and many passage migrants including the
  occasional osprey.
- •Abbeystead in the west is one of the best areas for breeding waders on the upland pastures. Lapwing, curlew, redshank, snipe and oystercatcher are all numerous here and golden plover flocks can often be seen.
- •Pendle Hill in the southeast is the place to see migrant dotterel in early May. The open stony ground by the trig point on the eastern summit is the best place to look for these delightful waders on their way to nest in the mountains of Scotland.
- •In the southwest, **Barnacre Reservoir** (not open to the public) is an important staging post for hundreds of migrant whimbrel. The public footpaths on the south side offer opportunities for seeing these birds as they fly in to roost in late April and early May evenings giving their loud piping calls.

## Further information

Birding Leaflet 📳 🚺



For those keen to partake in a bird watching holiday in Bowland, have a look at our Birding in Bowland leaflet which

features excellent bird watching sites and places to stay.

Treading Carefully [1]



Treading Carefully is a leaflet that has been produced in partnership with the RSPB, United Utilities, Natural England and Lancashire

Countryside Service and illustrates how walkers and birdwatchers can help ground nesting birds.

Watch progress of Bowland's hen harriers

Watch the progress of a Bowland hen harrier and her chicks on a Spring-watch style camera!

Normally from May to June you can see recorded footage from a camera at a Bowland hen harrier's nest on a big screen at the Bowland Visitor Centre at Beacon Fell Country Park (See location map on P4).

Forest of Bowland website
Why not look at the wildlife section
of the website? There's plenty of
information including bird profiles,
wildlife themed walks, hen harrier
footage, wildlife calendar and
sound bites.

Visit www.forestofbowland.com

Bowland Wildlife Blog

A group of green tourism businesses and organisations in the Forest of Bowland have teamed up to help visitors discover the wildlife hotspots of the AONB visit www.bowlandwildlife.org.uk

## **Fishing**



Bowland is blessed with four of the most scenic and unspoiled rivers in the country, namely the Ribble, Hodder, Wyre and Lune. All are mainly game fish orientated with salmon, sea trout and brown trout being the staple but with a growing popularity for grayling fishing, particularly on the upper Hodder.

For the still water angler Stocks Reservoir is the largest and perhaps the most dramatic of locations being at the headwaters of the Hodder. Rainbows, blues, browns and the occasional wild brownie are on offer, but the smaller venues should not be ignored as they all have their own character and many also offer accommodation. With such a diverse range of fishing and accommodation available, why not turn your fishing trip into a holiday?

### Ribble Catchment Conservation Trust Angling Passport Scheme

Angling Passport schemes open up new waters bringing the joy of the river and fishing to more people than ever before. The scheme operates through a unique token payment system. For further information visit www.associationofriverstrusts.org.uk/passport/ribble



Fly fishing at Stocks reservoir



River Ribble, Grindleton



Traditional fly making



For detailed information visit our website or look at our 'Fishing in Bowland ileaflet



which provides a diverse range of fishing localities in and around the Forest of

A directory of other places to fish in the area is also available on the Environment Agency website:

www.environment-agency.gov.uk/fish

## **Flying**



Soaring peacefully on the thermals high above the hills, over farmland, rivers and pastures, is a truly remarkable way of capturing all the varied scenery that Bowland has to offer.

## Gliding

See Bowland from the air with Bowland Forest Gliding Club based at the foot of Parlick fell near Chipping. Trial lessons are available for the inexperienced.

## **Paragliding**

Bowland offers some of the best soaring sites in the country at Pendle Hill, Longridge Fell and Parlick, although restrictions must be

## Hot Air Ballooning

Float over the scenic countryside at heights of between 500 and 5000 feet. A way for all the family to experience aeriel views of Bowland.



A twin seater glider near Chipping



Preparation at Parlick



Paragliding at Longridge



**Bowland Forest Gliding** Club 01995 61267 or visit www.bfgc.co.uk

### Pennine soaring club

www.penninesoaringclub.org.uk

### Pendle Balloon Company 0845 3371566, or visit

www.pendle-balloon-flights.co.uk

#### Balloons over Lancashire

01772 601525, or visit

www.balloonsoverlancashire.co.uk

## Local Produce



Leagrams three day old curd at The Three Fishes, Mitton

The Forest of Bowland is gaining a reputation for fine food and local produce, so why not seek out some local producers and try it yourself? As the Forest of Bowland is a sheep and cattle farming area, you'll find delicious local lamb and beef, as well as pork and even wild boar! The area also offers classic and modern varieties of Lancashire cheese, milk and ice cream and supports several organic farms and market gardens.

Buying local products is important for many reasons, not only because it supports the economy, but also because these products are part of the fabric of our distinctive landscape. By supporting those farmers who maintain farming practices which result in the best local produce, you can help protect this living landscape. Several farmers are rearing traditional breeds, for example, White Park cattle and Herdwick sheep and using traditional methods, such as heather reared lamb, to bring you the very best flavour and freshness.



Leagram Organic Dairy



Stable Trading Company





## Bowland through the seasons

Enjoy the very best of local produce by eating food that is in season:

Winter Local pheasant, baked ham, sausages and winter vegetables such as Brussels sprouts, leeks, onions and parsnips.

Spring The first spring eggs, chicken, early herbs, purple sprouting broccoli, cauliflowers, salad leaves and cabbages.

Summer River trout, fresh lamb, lettuces, spring onions, new potatoes, herbs, bilberries, damsons and soft fruit.

Autumn Grouse, apples, tomatoes, pumpkins, plums, blackberries, sloes and wild mushrooms.

Bowland lamb, pork and beef are now available all year round.

## Where to buy?



For detailed information about local producers and where to buy visit our online directory at

www.forestofbowland.com/ producerlist or look at our booklet 'ATaste of Bowland' 📮 🚺



Take a tour around a great selection of tea shops and cafes 



Sample Bowland's delicious food and drink at the many excellent eating establishments -

look out for the 'Taste Lancashire' mark, the local

food quality assurance scheme.

www.visitlancashire.com

## Arts & Crafts



The Forest of Bowland has attracted a multitude of high quality artists and craftspeople that live and work within the AONB.

The northern part of Bowland hosts pioneering rural arts organisations such as Green Close Studios in Melling, Pioneer Projects in Bentham & Maiden Bridge Arts Centre in Tatham. The Lunesdale Studio Trail holds an annual Open Studio event in the spring, usually during May & June and towards the southern part of Bowland New Form Arts artists' group are growing in membership and vision. The unique high quality crafts which the Platform Gallery in Clitheroe has for exhibition and sale, is an excellent opportunity to see quality contemporary craft. Further south artists and craftspeople based at Higherford Mill in Barrowford are amongst many enjoying the beauty of Pendle Hill.



The Bowland Arts Festival brings together a host of creative events ranging from open studios, exhibitions, music and performance to creative workshops, talks and walks, which all celebrate the important of the environment and culture of the Forest to Bowland Area

of Outstanding Natural Beauty. Visit www.bowlandarts.co.uk for more information.





Lantern



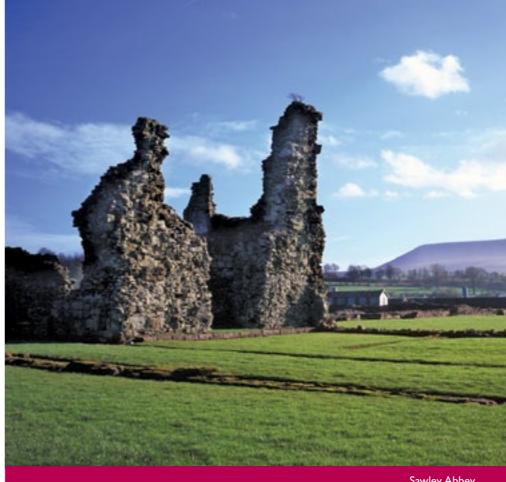
Cold batik and silk painting



For more detailed information about some of the arts groups in Bowland visit:

www.greenclose.org www.lunesdalearts.co.uk www.maidenbridge.co.uk www.newformarts.org.uk www.pioneerprojects.org.uk www.ribblevalley.gov.uk/ platformgallery

## Heritage



Sawley Abbey

The Forest of Bowland is a landscape rich in heritage, much of its beauty is related to the wild nature of the landscape and is a result of thousands of years of human activity.

Many of the features present in Bowland today were established in the post medieval period. Across Bowland there are many fine examples of the stone buildings that were built to replace timber houses between the 16th and 18th centuries, with their characteristic stone mullions, lintels and datestones. There are also sites that survive as isolated reminders of the medieval heritage of the Forest of Bowland, for example the Cistercian monastery of Sawley.

Why not visit some of the places listed opposite and explore Bowland's heritage for yourself? For locations look at the map on pages 4-5.

- Bleasdale Circle The enigmatic Bleasdale Circle, which was excavated in the late 19th century, has been dated approximately to 2200BC.
- 2 Browsholme Hall an historic house and the ancestral home of the Parker Family, Bowbearers of the Forest of Bowland, who have lived there since it was built in 1507.
- 3 Clitheroe Castle The Norman castle keep crowns the bold limestone rock in the centre of town and has dominated its skyline for more than 800 years.
- **4** Cromwell Bridge This ancient packhorse bridge derives its name from the reported crossing by Oliver Cromwell before the battle of Preston in 1648.
- **5** Dalehead Church The graveyard is noted for its wide diversity of plants, and also for the new wind turbine which provides power for the church.
- 6 Great Stone The Great Stone of Four Stones is a large boulder and a relic of the Ice Age.
- **7** Jubilee Tower The tower offers panoramic views over the Lancashire plain and Morecambe Bay and is a popular starting point for fell-top walks.
- 8 Pendle Heritage Centre A restored 17th century and 18th century house featuring exhibitions about the area including the story of the Pendle witches.
- 9 Ribchester Roman Museum A former Roman fort founded in the

first century AD. Its ancient history is recorded in the museum which has many Roman artifacts.

- Sawley Abbey A Cistercian abbey; originally home to the White Monks.
- Slaidburn Heritage Centre -Through displays and an audio-visual presentation, this centre documents local history spanning hundreds of years.
- **Whalley Abbey** A large and important Cistercian monastery. It moved here in 1296 when Abbot Gregory of Norbury and 20 monks arrived.

## Festival Bowland



Bird watching at Festival Bowland

Year round calendar of events that celebrate the birds, wildlife, landscape and culture of the Forest of Bowland AONB.

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) works together with landowners, local experts and businesses to provide a wealth of events for people to explore the area's special qualities, sharing with others what makes this the Forest of Bowland such a special place for people and wildlife.

There are many amazing events that will help you to explore the special qualities of the Forest of Bowland AONB but here are just a few to whet your appetite.

### Discover Bowland's Wildlife

Join one of our Hen Harrier Safaris to experience just how amazing nature really is, as you join experts from the RSPB to see probably the most important bird species to regularly breed in the Forest of Bowland, the elusive Hen Harrier. Go on a Nocturnal Bat walk with experts from the Wildlife Trust to find out about the wonderful bats

which live in the area whilst you listen to their calls with special bat detectors. Watch 'boxing' March Hares or learn more about the amazing birds that make the Forest of Bowland AONB their home.

#### Map and compass courses

An introduction to basic navigation led by Countryside Rangers.

### **Heritage Events**

Learn the mysteries of Bleasdale Cirlce, walk in the footsteps of Romans with an expert Archaeologist or meet a historical Monarch from the past in an ancient Abbey.

### Farm visits for families

Visit local farms, enjoy tractor trailer rides and meet the farm animals.

### Wildflower Meadow Walks

Splendid walks that take you through some of the finest SSSI wildflower meadows in Lancashire with local experts who will identify species and discuss the history and management of these rare, traditionally managed hay meadows.

### **Arts Events**

Including many different crafts including, ceramic workshop, creative writing, fused glass jewellery making, print making, photography and theatre.





Hen harrier tracking



Farming wildlife safari



Wildflower walk



## Accommodation









Mansergh Farmhouse

The Forest of Bowland offers a wide range of quality accommodation, from camping barns, B&Bs, hotels, and farmhouse accommodation to luxury self-catering

For copies of any of our leaflets detailing places to visit or things to do or for advice on accommodation, contact the following Tourist Information Centres:

Bowland Visitor Centre, Beacon Fell Country Park. Tel: 01995 640557 Barnoldswick TIC, The Council Shop, Fernlea Avenue, Barnoldswick. Tel: 01282 666704

establishments.

Bentham TIC/TIP, Town Hall, Station Road. Tel: 015242 62549 Clitheroe TIC, Ribble Valley BC Offices, Church Walk. Tel: 01200 425566 Visit Garstang, Unit 1 Cherestanc Square, Park Hill Road, Garstang. Tel: 01995 602125

Kirkby Lonsdale TIC, 24 Main Street. Tel: 015242 71437 Lancaster TIC, The Storey, Meeting House Lane. Tel: 01524 582 394 Discover Pendle Centre, Boundary Mill Stores, Colne. Tel: 01282 856186 Pendle Heritage Centre, Barrowford. Tel: 01282 661701 Preston TIC, The Guild Hall. Tel: 01772 253731

Settle TIC, Town Hall, Settle. Tel: 01729 825192 Lancashire & Blackpool Tourist Board 01257 226600 www.visitlancashire.com Yorkshire Tourist Board 0844 888 5125 www.yorkshire.com

### Publications

Most of the Forest of Bowland publications are available from Tourist Information Centres in the area and can also be downloaded from our website.

- Forest of Bowland General Information Leaflet, 2 Birding in Bowland,
- 3 A Taste of Bowland, 4 Bowland by Bike, 5 Fishing in the Forest of Bowland,
- 6 Tea Rooms leaflet, 7 Gisburn Forest Bike Trails, 8 Treading Carefully Leaflet,
- 9 Village leaflets local information, attractions and activities and accommodation for many of the villages across Bowland,
- **10** Visitor Code − 5 ways in which to help keep the Forest of Bowland special,
- Welcome to Wyresdale Wheels for All Tramper leaflet for the Scorton area



## Ratings

All the accommodation featured in this guide has been quality assessed by either Visit Britain or the AA, or has recently applied for a rating and is awaiting assessment. Please be aware that ratings may change throughout the year. To confirm a rating please visit www.enjoyEngland.com or www.theAA.com

The star ratings reflect the overall quality of the experience. When choosing your accommodation look for the Quality Rose, the official marque of the Enjoy England national tourist board rating scheme.

### Gold and Silver awards for Hotels and Guest Accommodation

Silver Awards recognise exceptional quality at all levels and Gold Awards are given to the very 'best of the best'.

For serviced accommodation, there are two separate schemes - one for hotels and one for guest accommodation, Guest accommodation includes Bed and Breakfasts, Guest Houses, Inns. Farmhouses and Restaurants with rooms.

For more information on the Enjoy England Quality Rose assessment schemes and the star ratings, go to www.enjoyEngland.com

## Listings key

★★ Visit Britain Star Rating

Gold Silver Visit Britain Gold & Silver Awards

🔽 🦁 Visit Britain Approved Caravan Holiday Home

Visit Britain Approved Camping Barn

AA ★ ★ AA Star Rating

AA Pennant Rating

(A) AA Rosettes

AA Breakfast Award

njoy England Breakfast Award

David Bellamy Gold Award

OGOLD OSILVER OBRONZE Green Tourism Business Scheme Awards

**AWAITING** Green Tourism Business Scheme Awaiting Grading

Farm Stay

Walkers Welcome Award

Cyclists Welcome Award

Pets Welcome Award

Michelin Star Award

**QA** Taste Lancashire Quality Assured Award

**WHQA** Taste Lancashire Highest Quality Assured Award

Deliciously Yorkshire Breakfast Award

National Accessible Scheme Mobility 1 2 & 3

National Accessible Scheme Visual 1 & 2

B4 Grid Location (see map on page 4-5)

Browse the accommodation listings on the pages that follow and use the grid references to locate each business on the map (page 4-5). The listings are also available on our website to search for accommodation that meets your exact requirements

### Hotels

#### D4 Eaves Hall Country Hotel

Eaves Hall Lane, West Bradford, BB7 3JG **Tel:** 01200 425271 **Web:** www.eaveshall.co.uk

#### Falcon Manor Hotel

Skipton Road, Settle, BD24 9BD

Tel: 01729 823814 Web: www.thefalconmanor.com

★★★

#### 4 The Gibbon Bridge Hotel

Chipping, PR3 2TQ

Tel: 01995 61456 Web: www.gibbon-bridge.co.uk

### 5 Mytton Fold Hotel & Golf Complex

Langho, BB6 8AB

Tel: 01254 240662 Web: www.myttonfold.co.uk

#### 4 Mitton Hall Hotel

Mitton, BB7 9PQ

Tel: 01254 826544 Web: www.mittonhall.co.uk

★★★★ 

 ②HQA

#### 2 New Inn Hotel

Clapham, LA2 8HH

Tel: 01524 251203 Web: www.newinn-clapham.co.uk

#### 5 Northcote

Northcote Road, Langho, Blackburn, BB6 8BE

Tel: 01254 240555 Web: www.northcote.com

AA ☆☆☆☆ 🚳 ★★★★ 🗐 🗐 🗐 🗐 🕳 Gold

AWAITING WHQA

#### 4 The Old Post House Hotel

44-48 King Street, Clitheroe, BB7 2EU

**Tel:** 01200 422025 **Web:** www.posthousehotel.co.uk

★★★ Ø<sub>SILVER</sub>

### 4 Stirk House Hotel

Gisburn Road, Gisburn, BB7 4LJ

Tel: 01200 445581 Web: www.stirkhouse.co.uk

### Inns

#### C5 The Bayley Arms

Avenue Road, Hurst Green, BB7 9QB

Tel: 01254 826478 Web: www.bayleyarms.co.uk

#### E2 The Black Horse

Church Street, Giggleswick, BD24 0BE

**Tel:** 01729 822506

**◎** ★★★★

#### D4 The Calf's Head

Worston, BB7 IQA

Tel: 01200 441218 Web: www.calfshead.co.uk

★★★★

### C5 The Corporation Arms

Lower Road, Longridge, PR3 2YJ

Tel: 01772 782644 Web: www.corporationarms.com

### D3 Hark to Bounty Inn

Slaidburn, BB7 3EP

Tel: 01200 446246 Web: www.harktobounty.co.uk

★★★

#### E2 Harts Head Inn

Belle Hill, Giggleswick, BD24 0BA

Tel: 01729 822086 Web: www.hartsheadhotel.co.uk

**AA** ★★★★ **③** ★★★★ **〕 [** 

### C4 The Inn at Whitewell

Dunsop Road, Whitewell, BB7 3AT

Tel: 01200 448222 Web: www.innatwhitewell.com

M ★★★★ 💀 ★★★★★ 🕲 Gold &HQA

#### F4 The Pendle Inn

Barley, BBI29JX

**Tel:** 01282 614808 **Web:** www.pendleinn.co.uk

Awaiting Grading

#### A4 The Priory Inn

The Square, Scorton, PR3 IAU

Tel: 01524 791255 Web: www.theprioryscorton.co.uk

#### C4 The Red Pump Inc

Clitheroe Road, Bashall Eaves, BB7 3DA

Tel: 01254 826227 Web: www.theredpumpinn.co.uk

★★★★ Silver 
 ②HQA

#### C5 The Shireburn Arm

Whalley Road, Hurst Green, BB7 9QI

Tel: 01254 826518 Web: www.shireburnarmshotel.com

**AA** ★★★★ **②** ★★★ **②** HQA

### D4 The Waddington Arms

Clitheroe Road, Waddington, BB7 3HP

Tel: 01200 423262 Web: www.waddingtonarms.co.uk

★★★★

### **Guest Accommodation**

#### 4 Alden Cottage

Kemple End, Birdy Brow, Clitheroe, BB7 9QY

Tel: 01254 826468 Web: www.aldencottage.co.uk

### D4 Angram Green Farmhous

Worston, BB7 IQB

Tel: 01200 441441 Web: www.angramgreenfarm.co.uk

#### )? The Austwick Traddock

Austwick, LA2 8BY

Tel: 01524 251224 Web: www.thetraddock.co.uk

AA A Award

#### B4 Broadgate Farm

Bleasdale Lane, Bleasdale, PR3 TUR

Tel: 01995 602402 Web: www.broadgatefarm.co.uk

★★★★ Silver 
 Øsilver

### D2 Brookhouse Guest House

Station Road, Clapham, LA2 8ER

Tel: 01524 251580 Web: www.brookhouseclapham.co.uk

 $AA \leftrightarrow \leftrightarrow \leftrightarrow$ 

#### D4 Brooklyn Guest House

32 Pimlico Road, Clitheroe, BB7 2AH

Tel: 01200 428268 Web: www.brooklynguesthouse.co.uk

**◎** ★★★★

#### E3 Cowper Cottage

CowperTerrace, Wigglesworth, BD23 4RP

Tel: 01729 840598

★★★★ Silver

#### C4 Clark House Farm

Chipping, PR3 2GQ

Tel: 01995 61209 Web: www.clarkhousefarm.com

#### D5 Cobden Farm Bed and Breakfas

Sabden, BB7 9ED

Tel: 01282 776285 Web: www.cobdenfarm.co.uk

★★★★ Ø<sub>SILVER</sub>

#### F4 Dam Head Barn

Dam Head Farm, Roughlee, BB9 6NX

Tel: 01282 617190 Web: www.damheadbarn.com

#### C5 The Fold

15 Smithy Row, Hurst Green, BB7 9QA

**Tel**: 01254 826252

★★★★

#### E4 Foxhill Barn

Howgill Lane, Gisburn, BB7 4|L

Tel: 01200 415906 Web: www.foxhillbarn.co.uk

#### C5 The Folc

15 Smithy Row, Hurst Green, BB7 9QA

**Tel:** 01254 826252

★★★★

#### E5 Grains Barn Farm

Barrowford Road, Fence, BB12 9QQ  $\,$ 

Tel: 01282 601320 Web: www.grainsbarnfarm.com

#### B3 Greenbank Far

Abbeystead, LA2 9BA

Tel: 01524 792063 Web: www.greenbankfarmhouse.co.uk

#### C2 Halsteads Barn

Mewith, Bentham, LA2 7AR

Tel: 015242 62641 Web: www.halsteadsbarn.co.uk

★★★★★ Silver

#### 3 Little Bank Guest House

Little Bank, Rathmell, Settle, BD24 0Al

Tel: 01729 822330 Web: www.littlebankcountryhouse.co.uk

#### 4 Little Stubbins

Stubbins Lane, Claughton on Brock, PR3 OPL

Tel: 01995 640376 Web: www.littlesutbbins.co.uk

#### 4 Low House Farm

Low Lane, Claughton, LA2 9RZ

Tel: 01524 221260 Web: www.lowhousefarm.co.uk

#### 04 Middle Flass Lodge

Forest Becks Brow, Settle Road, Bolton By Bowland, BB7 4NY

Tel: 01200 447259 Web: www.middleflasslodge.co.uk



#### A3 Middle Holly Cottage

Middle Holly, Forton, PR3 IAH

Tel: 01524 792399 Web: www.middlehollycottage.co.uk

★★★★ Silver 
 ✓

#### C2 New Butts Farm

Bentham, LA2 7AN

**Tel**: 01524 241238 **Web**: www.newbutts.co.uk

★★★

#### E2 Oast Guest House

5 Penyghent View, Settle, BD24 9JJ

Tel: 01729 822989 Web: www.oastguesthouse.co.uk

#### E5 Old Earth House

33 Newchurch In Pendle, Newchurch Village, BB12 9JR

Tel: 01282 698812 Web: www.oldearthhousenewchurch.co.uk

#### D2 Pengarth

Austwick, LA2 8BD

Tel: 01524 251073

#### 4 Peter Barn Country House

Cross Lane, Waddington, BB7 3JH

**Tel:** 01200 428585 **Web:** www.peterbarn.co.uk

★★★★ Silver

#### C4 Rakefoot Farm

Thornley Road, Chaigley, BB7 3LY

Tel: 01995 61332

★★★★

#### C5 Riverside Barn

Riverside, Ribchester, PR3 3XS

Tel: 01254 878095 Web: www.riversidebarn.co.uk

#### C3 Root Farmhouse

Dunsop Bridge, BB7 3BB

Tel: 01200 448214 Web: www.roothouse.co.uk

★★★★ Silver

#### D4 The Rowan Tre

10 Railway View Road, Clitheroe, BB7 2HE

Tel: 01200 427115 Web: www.the-rowan-tree.org.uk



#### D2 Scar Close Farm

Feizor, Austwick, LA2 8DF

Tel: 01729 823496 Web: www.scarclosefarm.co.uk

#### E2 Settle Lodg

Duke Street, Settle, BD24 9AS

Tel: 01729 823258 Web: www.settlelodge.co.uk

#### 4 Thorneyholme Farm Cottage

Barley New Road, Roughlee, BB12 9LH

**Tel:** 01282 612452

★★★★ Silver

#### E2 Tipperthwaite Barn

Giggleswick, BD24 0DZ

Tel: 01729 823146 Web: www.tipperthwaitebarn.co.uk

#### Whitefriars Country (

Church Street, Settle, BD24 9JD

Tel: 01729 823753 Web: www.whitefriars-settle.co.uk

**M** ★★★★

#### B2 Whitmor

Wennington Road, Hornby, LA2 8JX

**Tel:** 01524 221839

#### Wood End Farm

Dunsop Bridge, BB7 3BE

Tel: 01200 448223

**◎** ★★★★

#### D2 Wood View

The Green, Austwick, LA2 8BB

Tel: 01524 251190 Web: www.woodviewbandb.com

★★★★ Silver

#### D4 York Hous

York Street, Clitheroe, BB7 2DL

Tel: 01200 429519 Web: www.yorkhousebandb.co.uk

★★★★

## Self Catering

#### C4 Alden Cottage

Kemple End, Stonyhurst, BB7 9QY

Tel: 01254 826468 Web: www.aldencottage.co.uk

★★★★ Gold

#### D4 Angram Green Holiday Cottages

Angram Green Farm, Worston, BB7 IQB

Tel: 01200 441455 Web: www.angramgreen.co.uk

★★★★

### E2 Attermire Cottage

Castle Hill. Settle. BD24 9EU

Tel: 01729 822734

★★★

#### A4Barnacre Cottage

The Old Shippon, Arkwright Farm, Eidsforth Lane, Garstang, PR3 IGN Tel: 01995 600918 Web: www.barnacre-cottages.co.uk

### D3 Bent House Farm Cottage

Tosside, Skipton, North Yorkshire, BD23 4SU

Tel: 01729 822865 Web: www.benthousefarm.co.uk

★★★★ Ø<sub>SILVER</sub>

#### B4 Big Blindhurst

Bleasdale, PR3 TUT

Tel: 01995 61317 Web: www.bigblindhurst.co.uk

★★★★

Waddington, BB7 3HP

Tel: 00352 498014

Dam Head Farm, Roughlee, BB9 6NX

Tel: 01254 672337 Web: www.damheadbarn.com

Lower Fairsnape Farm, Bleasdale, PR3 IUY

Tel: 01995 61343 Web: www.bleasdalecottages.co.uk











Withgill, Great Mitton, BB7 3LL

Tel: 01756 700510 Web: www.brownhillscottages.co.uk

Higher Landskill Farm, Calder Vale, Garstang, PR3 ISS

Tel: 01995 603246 Web: www.caldertopcottage.co.uk

★★★ ■ 
 ØGOLD







Dugdale Barn, Worston, BB7 IQA

**Tel**: 01200 440400

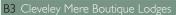
B2 The Croft - Ground Floor Apa

4The Croft, Caton, LA2 9QG

**Tel:** 01524 770725







Cleveley Bank Lane, Forton, PR3 IBY

Tel: 01524 793644 Web: www.cleveleymere.com







### E2 Close House Cottage Holidays

The Stable Close House, Giggleswick, BD24 0EA

**Tel:** 01729 822778 **Web:** www.close-house.co.uk

C4 Clough Bottom Farm Cottages

Clough Bottom, Bashall Eaves, BB7 3NA

Tel: 01254 826285 Web: www.cloughbottom.co.uk



Winner of Tourist Board Sustainable Tourism award 2010-11

5 Chapel Square, Settle, BD24 9HR

Tel: 07946 205544

★★★

7 Kirkgate, Settle, BD24 9DX

Tel: 07971 806627

★★★

Holden Lane, Bolton By Bowland, BB7 4LZ

Tel: 01200 447732 Web: www.corgillfarmholidaycottages.co.uk

Mill Farm, Wennington, LA2 8NU

Tel: 015242 21690 Web: www.easter-cottage.net

Outlane Head Cottage, Chipping, PR3 2NQ

Tel: 01995 61160 Web: www.fellviewchipping.co.uk

Victoria Street, Settle, BD24 9EY

Tel: 01729 822930 Web: www.follysettle.co.uk

Gisburn Road, Bolton-by-Bowland, BB7 4LS

Tel: 01200 447728

Station Road, Giggleswick, BD24 0AB

Tel: 01729 823505

★★★

Fairhurst Lane, Inglewhite, PR3 2LJ

Tel: 01995 640007 Web: www.thegarden-cottage.co.uk

Castle Hill, Settle, BD24 9EU

Tel: 01729 824079

6 Goldielands, Station Road, BD24 9BN

Tel: 01729 824079

★★★★

Harrop Fold, Bolton-by-Bowland, BB7 4PJ

**Tel**: 01200 447665

**◎** ★★★ - ★★★★

I High Hill Grove Street, Settle, BD24 9QH

Tel: 01729 824268 Web: www.harryscottage.co.uk

Lower Croft Street, Settle, BD24 9HH

Tel: 01274 832368 Web: www.maltkiln.com

Crimpton Farm, Cow Ark, BB7 3DH

Tel: 01200 448278

Gallows Lane, Ribchester, PR3 3XX

Tel: 01254 878389

F4 Higher Gills Farm

Stump Hall Road, Higham, BB12 9BU

Tel: 01282 772009 Web: www.heighttopfarm.co.uk

★★★★ Ø<sub>SILVER</sub>

Whytha Lane, Rimington, BB7 4DA

Tel: 01200 445370 Web: www.highergills.co.uk







Abbeystead, LA2 9BT

**Tel:** 01524 791287 **Web:** www.higherlee.co.uk

★★★★

Lower Bentham, LA2 7DE

Tel: 01524 261198 Web: www.holmesfarmcottage.co.uk

Greengore Farm, Hill Lane, Hurst Green, BB7 9QT

Tel: 01254 826304 Web: www.huntersrestcottage.co.uk

Hydes Farm, Newton in Bowland, BB7 3DY

Tel: 01200 446353 Web: www.hydesfarmcottages.co.uk

7 Belle Hill, Giggleswick, BD24 0BE

Tel: 0208 5048263

★★★★

Main Street, Pendleton, BB7 IPT

Tel: 01200 428202

Quernmore, LA2 9LU

Tel: 07768 211842 Web: www.knottsfarm.co.uk

Crag Hall Farm, Galgate, LA2 0HN

Tel: 01524 751053 Web: www.lakewoodcottages.co.uk

### ★★★★ Gold

10 Holme Head, Langcliffe, BD24 9NW

Tel: 01943 601729

★★★★

Rathmell, BD24 0LA

**Tel**: 01729 840234 **Web**: www.layhead.co.uk

Back Lane, Slaidburn, BB7 3AJ

Tel: 01200 446454 Web: www.laythamsfarmcottages.co.uk

I Holme Head, Langcliffe, BD24 9NW

Tel: 01244 356869

9 Holme Head, Langcliffe, BD24 9NW

Tel: 01729 823406 Web: www.lockscottage.co.uk

★★★★

#### B2 Lodge View Cottage

Far Lodge, Quernmore, LA2 9EF

Tel: 01524 63109 Web: www.lodgeview.co.uk

Ramsclough Farm, Thornley, PR3 2TN

Tel: 01995 61476 Web: www.loudview.co.uk

Quernmore Valley Cottages, Wyresdale Road, Quernmore, LA2 9EF Tel: 01524 36873 Web: www.quernmorevalleycottages.co.uk

#### E2 Low Fold Cottage

Low Fold, Langcliffe, BD24 9NB

**Tel:** 01491 680154

### E4 Malkin Tower Farm Holiday Cott

Barnoldswick Road, Blacko, BB9 6RQ

Tel: 01282 699992 Web: www.malkintowerfarm.co.uk

★★★★ ②GOLD

### D2 The Old Stable

Coppy House Farm, Keasden, LA2 8HE

**Tel**: 01524 251331 **Web**: www.coppyhouse.co.uk

★★★★ 
 ※

### D3 The Olde Stables

Woodhouse Gate Farm, Slaidburn, BB7 3AQ

Tel: 01200 446240 Web: www.woodhousegatefarmcottage.co.uk

#### D4 Orchard Cottages

Branch Road, Waddington, BB7 3HR

Tel: 01200 428501 Web: www.orchardcottages.co.uk

★★★★★

### C4 Pale Farm Cottages

Moss Lane, Chipping, PR3 2TR

Tel: 01772 783082 Web: www.palefarmcottages.co.uk

#### Pendle View Holiday Apartment

2 Pendle View, Giggleswick, BD24 0AZ

Tel: 01729 822147

★★★★

Preston Road, Ribchester, PR3 3YD

Tel: 01254 820740 Web: www.pinfoldfarm.co.uk

8-10 Main Street, Hornby, LA2 8|R

Tel: 015242 21237 Web: www.stayinthelunevalley.co.uk

Lower Gill, Tosside, BD23 4SJ

Tel: 01756 700510 Web: www.lowergill.co.uk

★★★★ Ø<sub>GOLD</sub>

Thornley Road, Chaigley, BB7 3LY

Tel: 01995 61332

**◎** ★★★-★★★★

Mill Lane, Gisburn, BB7 4LP

Tel: 01200 445227 Web: www.ribblesdalepark.com

Off Station Road, High Bentham, LA2 7FJ

Tel: 01524 261272 Web: www.riversidecottages.co.uk

★★★★

### Robin Hill and Brewhouse Cottage

12, 14 & 14A Constitution Hill, Settle, BD24 9ER

Tel: 01729 823132 Web: www.settle-selfcatering.co.uk

**◎** ★★★-★★★★

Gisburn Road, Bolton-By-Bowland, BB7 4LT

Tel: 01282 845284

Lee End Farm, Quernmore, LA2 9EE

Tel: 01524 36867 Web: www.longtonsheepdogs.com

★★★★ Gold

Clapham Road, Austwick, LA2 8BE

Tel: 01524 251052 Web: www.spoutscroftcottage.co.uk

★★★★
 Gold

#### 04 Springhead Farm Holiday Cottages

Springhead Farm, Hellifield Road, Bolton-By-Bowland, BB7 4LU Tel: 01200 447245 Web: www.springheadcottages.co.uk

★★★★ ØBRONZE

4 St Johns Row, Langcliffe, BD24 9NJ

Tel: 01943 875552 Web: www.johnscottage.com

The Post Office Downham, Downham, BB7 4BJ

Tel: 01200 441242

Slaidburn Road, Newton In Bowland, BB7 3DL

Tel: 07966 582834 Web: www.stonefoldholidaycottage.co.uk

I Howcroft Cottage, Stopper Lane, Rimington, BB7 4E

Tel: 01200 445598 Web: www.ruralcottage.co.uk

★★★★ Gold

Twiston, BB7 4BY

Tel: 07802 414988 Web: www.throstlehall.co.uk

★★★★

Clitheroe Road, West Bradford, BB7 4TA

Tel: 01200 423086 Web: www.clitheroe-selfcatering.co.uk

Becks Brow, Wigglesworth, BD23 4SA

Tel: 01729 840436 Web: www.wigglesworthhouseandcottages.co.uk

#### C4 Wolfen Mill Country Retrea

Fish House Lane, Chipping, PR3 2GR

Tel: 01995 61574 Web: www.wolfenmill.co.uk

94 Main Street, Wray, LA2 8QD

Tel: 01772 685735 Web: www.wrayreadingroom.com

★★★★ Gold

## Camping & Caravan Sites

### B4 Broadgate Farm

Bleasdale Lane, Bleasdale, PR3 IUR

Tel: 01995 602402 Web: www.broadgatefarm.co.uk

5 Van CL Site

### 4 Claylands Caravan Park

Weavers Lane, Cabus, PR3 IAI

Tel: 01524 791242 Web: www.claylands-caravan-park.co.uk

#### O4 Clitheroe Camping & Caravanning Club Site

Edisford Road, Clitheroe, BB7 3LA

Tel: 01200 425294 Web: www.campingandcaravanningclub.co.uk

#### 04 Cross Lane Caravan & Camping Park

Gannies Farm, Cross Lane, Waddington, BB7 3JH

Tel: 01200 423568 Web: www.crosslanecaravans.co.uk

5 Van CL Site

### D3 Crowtrees Caravan and Lodge Park

Tosside, BD23 4SD

Tel: 01729 840278 Web: www.crowtreespark.co.uk

#### D2 Dalesbridge Campsite

Austwick, LA2 8AZ

Tel: 015242 51021 Web: www.dalesbridge.co.uk

★★★ Ø<sub>GOLD</sub>

### 05 Hackings Caravan Park

Elker Lane, Billington, BB7 9HZ

Tel: 01254 822680 Web: www.hackingscaravanpark.co.uk

Maiting Grading AWAITING GRADING

**Note:** There are no facilities for tourers or tents

Nether Kellet, Carnforth, LA6 IEA

Tel: 01524 732079 Web: www.hawthornscaravanpark.co.uk

**Note:** There are no facilities for tourers or tents

### C2 Lane House Farm

Mewith, Bentham, LA2 7DJ

**Tel:** 01524 261479



#### 2 Langcliffe Parl

Langcliffe, Settle, BD24 9LX

Tel: 01729 822387 Web: www.langcliffe.com



#### C2 Lowther Hill Caravan Park

Bentham, LA2 7AN

Tel: 01524 261657



#### B2 New Parkside Farm Caravan Park

Denny Beck, Caton Road, Caton, LA2 9HH

**Tel**: 01524 770723



#### 1 Parkfoot Holiday Homes

Bentham Road, Ingleton, LA6 3HR

Tel: 01524 261833 Web: www.parkfoot.co.uk



**Note:** There are no facilities for tourers or tents.

#### 4 Rimington Caravan Park

Hardacre Lane, Gisburn, BB7 4EE

Tel: 01200 445355 Web: www.rimingtoncaravanpark.co.uk



#### C2 Riverside Caravan Park

Bentham, LA2 7FJ

Tel: 01524 261272 Web: www.riversidecaravanpark.co.uk



#### D4 Three Rivers Woodland Park

Eaves Hall Lane, West Bradford, BB7 3JG

Tel: 01200 423523 Web: www.threeriverspark.co.uk



#### E3 Twyn Ghyll Leisure Park

Paythorn, BB7 4JD

**Tel**: 01200 445465 **Web**: www.twynghyll.co.uk



#### 33 Wyreside Lakes Fishery

Sunnyside Farmhouse, Gleaves Hill Road, Bay Horse, LA2 9DG

Tel: 01524 792093 Web: www.wyresidelakes.co.uk



## **Group Accommodation**

#### C4 Chipping Camping Barn

Chipping, PR3 2GQ

**Tel**: 01995 61209 **Web**: www.yha.org.uk



#### D3 Dale House Camping Barn

Slaidburn, BB7 4TS

**Tel:** 01200 446820 **Web:** www.dalehousebarn.co.uk Awaiting Inspection

#### D2 Dalesbridge House

Austwick, LA2 8AZ

Tel: 015242 51021 Web: www.dalesbridge.co.uk



#### D4 Downham YHA Camping Barn

West Lane Farmhouse, Downham, BB7 4DS  $\,$ 

Tel: 0870 7708868 Web: www.yha.org.uk

**O** 

### D3 Slaidburn YHA

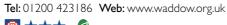
Church Street, Slaidburn, BB7 3ER

Tel: 01282 842349 Web: www.yha.org.uk



#### D4 Waddow Hall Bunk House

Waddington Road, Clitheroe, BB7 3LD





## Image Credits

Jon Sparks (cycling images) - p8, p15,

Graham Cooper www.forestofbowlandimages.com -

p2, p7 (sheep shearing), p12, p13 (Gisburn Forest), p20 (River Ribble)

Charlie Hedley – Cover, p6, p7, p13 (Langden Valley, Pendle,

Downham and Great Stone), p25,

Andy Hay, rspb-images.com – p18 (hen harrier),

Stephen Murphy, Natural England – p7 (hen harrier chick),

**Duncan Ward** – pll,

Tarja Wilson – p17,

Sandra Silk - p7 (cheese stone),

Forestry Commission - p14 (gisburn forest),

Jon Beavan, Dalesbridge - p16 (horse riding),

Peter Guy - p27 (safari / wildflower),

Chris Gomersall, rspb-images.com - p19 (lapwing),

Tom Marshall, rspb-images.com -

p19 (oystercatcher & merlin),

**Ben Hall**, **rspb-images.com** – p19 (stonechat),

**Gaye Woollard**, www.gayesart.com – p20 (fishing tackle),

p24 (all images),

Steve Pendrill, www.stevependrillphotography.com -

p21 (gliding images),

John Murphy – p21 (paragliding Parlick),

Lynda Baillie - p21 (paragliding Longridge),

Forest of Bowland AONB - p22, P26, p27,

Accommodation, p28, p29 – Waddow Hall, Clough Bottom, Malkin

Tower, Higher Gills Farm, Mansergh Farm Cottages

Copy Editing - Andy Stansfield, www.andy-stansfield.com

Thanks also to the following for providing content: **Tarja Wilson** (p16-17), **Gavin Thomas** (p18), **Richard Atton** (p20) and **Sue Flowers** (p24).

Third Edition March 2011

### Notes

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a nationally protected landscape and is internationally important for its heather moorland, blanket bog and rare birds. The AONB is managed by a partnership of landowners, farmers, voluntary organisations, wildlife groups, recreation groups, local councils and government agencies, who work to protect, conserve and enhance the natural and cultural heritage of this special area. Visit www. forestofbowland.com for more information.



